

REGISTRATION

*Name _____

Job Title/Licensure _____

Agency/Institution _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

E-Mail _____

*Use separate forms for each registration. Copy as needed.

Registration deadline: July 9, 2010. Registrations received after July 9 will be considered on a space-available basis.

Registration for this workshop automatically enrolls Professional and Student participants as members of GCCA through February 2011.

Choosing to attend as a non-member removes the GCCA membership discount.

Select One Membership Type: (see below for descriptions)

- Professional - \$45 (includes \$35 membership & workshop fee)
- *Student - \$10 (includes free membership meeting conditions below & workshop fee)
- Current member - \$10 (workshop fee only)
- Remain a Non-member - \$55

Total: \$ _____ Check #: _____

MAKE CHECKS PAYABLE TO: GCCA

Return this form & check to: Shannon Nix, M.S., LPC
ASU Counseling Center
2500 Walton Way
Augusta, GA 30904

Please retain a copy of brochure for your records prior to mailing.

GCCA Membership Categories: (*Membership is renewed annually at February conference.*)

Professional: Employment as a counselor in a higher education institution & possession of at least a masters degree from a program which is primarily counseling in content & granted from an accredited institution of higher education. Includes retired professionals. **Associate:** An individual who supports the association, but does not meet the professional member criteria. This individual is a non-voting member.

***Student:** An individual, learning to be a counselor, enrolled in a graduate counseling program or related field of study in an institution of higher education. *Students must enclose proof of current graduate school enrollment and do not pay a membership fee.*

The Augusta State University
Counseling Center and
the Georgia College
Counseling Association
present

Sexual Trauma & PTSD: Evidence-Based Psychotherapies

Presenter: Amy House, Ph.D.



Friday, July 23, 2010
Augusta State University
Jaguar Student Activities Center
Coffee House
8:00am - 4:30pm

**6.0 CEU hours approved for psychologists
& other mental health professionals.**

ASU Counseling Center
2500 Walton Way, Augusta, GA 30904
Phone: 706.737.1471 Fax: 706.667.4350
Contact email: snix@aug.edu



Workshop Description

Objectives

This workshop is designed to help professionals working with sexual trauma survivors develop their knowledge of & competence in the assessment & treatment of traumatic stress. On completion, attendees will be better able to:

1. Describe the scope & impact of sexual assault & sexual abuse.
2. Identify the symptoms of acute stress disorder & posttraumatic stress disorder (PTSD) & assess for the presence these disorders.
3. List evidence-based practices for the treatment of PTSD.
4. Describe in detail the use of Cognitive Processing Therapy for PTSD & its modifications.

Continuing Education

Registration as a Professional or Student for this workshop automatically enrolls you as a member of GCCA through February 2011, if you are not already a member. The \$45 Professional fee covers your annual membership fee (\$35) & workshop expenses (\$10). **If you choose not to become a member of GCCA, the fee for the workshop will be \$55 & you will receive CEUs.**

GCCA's parent organization, the American College Counseling Association, is recognized by the National Board of Certified Counselors (provider #1024) to offer continuing education for Nationally Certified Counselors. Continuing education credits satisfy requirements for professional counselors licensed by the Georgia Composite Board of Professional Counselors, Social Workers, & Marriage & Family Therapists. Licensed Georgia social workers have approval for 6 related hours of continuing education. Pending approval, Licensed Georgia psychologists will be granted 6 hours of related continuing education credit provided by the Georgia Psychological Association. More detailed information may be obtained from the Continuing Education Committee Director & the association's bylaws, article IX. For more information about GCCA, visit www.gacollegecounseling.org.

Directions & Parking

To obtain driving directions to ASU or to view campus maps, visit www.aug.edu/public_relations/pr_map_dir.htm. At ASU, enter campus from the main entrance at the intersection of Walton Way & Fleming Street. Take the 2nd right on the roundabout near the fountain. Drive past University Hall & stay straight. Take a right at the 4-way stop intersection. The Jaguar Student Activities Center (JSAC) will be straight ahead. The workshop will be held in the JSAC Coffee House, located on the 2nd floor. You may park in visitor or student parking spaces. Parking permits will not be required for workshop participants. For further assistance, please call the ASU Counseling Center at 706.737.1471.

Workshop Agenda

8:00am-8:30am: Registration & Breakfast

8:30am: Workshop Begins

- Incidence & prevalence of sexual trauma
- Psychological & physiological impact of traumatic stress
- Resilience & recovery after traumatic stress
- Acute Stress Disorder: Definition and diagnosis
- Posttraumatic Stress Disorder: Definition and diagnosis
- PTSD & co-morbid diagnoses; assessing for PTSD

10:00 – 10:15am: Break

10:15 – 11:45am

- Evidence-based intervention strategies for treatment of PTSD
 - Crisis intervention and early intervention strategies
 - Psychotherapy for PTSD

11:45 – 1:00pm: Lunch (on your own)

1:00pm - 2:30pm: Workshop Continues

- Evidence-based intervention strategies for treatment of PTSD (continued):
 - Cognitive Processing Therapy (CPT) for Rape Victims
 - Theoretical Model
 - Outline of the 12-session approach

2:30 – 2:45pm: Break & Snacks

2:45 - 4:15pm

- Cognitive Processing Therapy (CPT) for Adult Survivors of Childhood Sexual Abuse
- Evidence-based intervention strategies for treatment of PTSD (continued):
 - Other modifications of CPT
 - Trauma-Focused Cognitive-Behavioral Therapy for Children
- Resources for additional training in these approaches

4:15-4:30pm: Wrap up, Evaluation & CE Certificates Provided

Speaker

Dr. Amy House completed her Ph.D. in clinical psychology at the University of Georgia in 1996. She completed internship & postdoctoral fellowship training at the Medical College of Georgia, and has been on the faculty since that time. Dr. House's clinical & teaching interests focus broadly on the psychology of women, and more specifically on the treatment of post-traumatic stress disorder related to sexual trauma & intimate partner violence, as well as the treatment of borderline personality disorder, & depression in pregnancy & the postpartum period. Dr. House is a cognitive-behavioral therapist & heads the CBT training program for psychology & psychiatry residents in the department as well as a specialty clinical program in dialectical behavior therapy. Her research interests have focused on the impact of trauma on mental & physical health outcomes. More recently, she has become interested in issues of stigma & prejudice, & is involved in research on reducing mental health stigma among medical professionals.



Dr. Amy House

A special word of thanks goes to the ASU Foundation. Without their generous support, this workshop would not have been possible.